

# Blue Track Day (Blå Ledens Dag)

## 12 September 11am - 4pm

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During European Heritage Days 2010 with the theme "cultural routes", the Local Heritage Society of Österåker (ÖHF) has organised guiding along a three-kilometre stretch of The Blue Track (Blå Leden), a walking path that connects to Täby and Vaxholm. There are 5 information stops between Stava and Smedby, with seating. Here you can get a map and programme. Then all you do is follow the blue markings on trees and posts. Coffee can be served at the old Norrö Courthouse (Norrö Tingshus) – or you can take a picnic lunch.

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## PROGRAM

### Information stops:

STAVA-NORRÖ: "Långhundraleden" - an old seaway was once here  
Guiding: 11.15 am, 12.15 pm

NORRÖ TINGSHUS: Handicrafts shop, coffee served - 11.30am–4pm  
School museum - between 12pm and 1pm

ÅKERSBRO: "Historic houses from the 1800s"  
Guided tours at 11am, 1pm and 3pm

"Identification of wild plants and fungi" - exhibition  
Bring specimens from along the track and find out!

KUCKUBACKEN: A large grave field from the Iron Age, guiding 2pm

JORDBRUKSMUSEUM: Old farm vehicles and equipment. Competitions.

Activities with dogs, repeated between 1 and 3pm  
"Meet the children, tricks and training"

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**Arrangers:** ÖHF in collaboration with Arbetsgruppen Långhundraleden, Österåkers Slöjdgille, Åkersberga Trädgårdssällskap, Orienteringsklubben Österåker, Naturskyddsföreningen Österåker, Norrkartor and MedHund i Åkersberga.

Guiding and activities have been planned so that you can walk at a leisurely pace and still have a good choice. Most guiding is in Swedish, but some signs are also in English.

More information: in Swedish at [www.raa.se](http://www.raa.se) and in English at [www.milstopen.org](http://www.milstopen.org)

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